

4 Musical Activities for Social Emotional Learning

MARCH TO THE BEAT OF YOUR OWN DRUM

Learning how to play a musical instrument has benefits that will last a lifetime. An easy and fun way to integrate music into learning is by encouraging kids and adults to collaborate

and make a silly song to the music you've produced using your instruments. You're never too old or too young to learn something new!



MUSICAL DRAWING

Cue up yours or your child's favorite playlist, and give your child a piece of paper. Get out the crayons, markers, etc., and ask your child to create a picture based on what they hear or how it makes them feel.

Invite your child to be creative in their choices, giving them free reign to be artistically expressive.



LISTEN THOUGHTFULLY

Music and song evoke emotions and memory, and sharing multicultural tunes at a young age can be a fun way for children to explore other cultures and customs.

Select a song, play it aloud, and ask the children to explain or draw how the song makes them feel.



SING ALONG TO YOUR FAVORITE BOOK

Whether it's 'Twinkle Twinkle Little Star' or 'Old MacDonald had a Farm,' we've all joined along to these catchy children's songs based off of children's books. This is why we brought Guion's story to life through song!

The Guion the Lion song is a great way to help children explore the world we live in.

You can listen on our website!

