



Random Acts of Kindness

FOR KIDS ON-THE-GO



Download and print this random acts of kindness checklist for your kids to complete while on-the-go!

- Hold the door open for someone
- Leave random kindness notes
- Send a postcard to a friend
- Clean up a mess you didn't make
- Choose to not use single-use plastics
- Color a picture for someone
- Give someone a compliment
- Smile at 10 people you pass by
- Recycle plastic and paper products
- Read a book with a family member

